**GCE AS Health and Social Care – Unit 1**

**Task Sheet 7: Principles of care**

1. Mary is an 80 year-old widow who lives alone in sheltered accommodation. Her only source of income is her state pension. She has a good relationship with the warden of the sheltered accommodation who visits her several times a week. She has Meals on Wheels delivered daily and has been provided with a walk-in shower as her arthritis prevents her from getting in and out of the bath. The sheltered accommodation allows Mary to maintain her independence while still receiving some support.

(a) Assess how being in sheltered accommodation might promote Mary’s rights to dignity, independence, empowerment, choice and safety.

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1. Explain how being in sheltered accommodation might impact on her emotional life quality factors.

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(c) Discuss how her circumstances might impact on **two** physical life quality factors.

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2. Raoul is a 17 year-old boy who was recently admitted to hospital after an accident when he was seriously injured. When he was in hospital, arrangements were made to provide him with an appropriate diet for his religion and, as Raoul’s mother does not speak much English, she was provided with an interpreter to understand the information she was given about Raoul’s condition.

(a) Identify two principles of care followed by the hospital staff and explain how they support the family.

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3. Sandra (17) attends an appointment at her local health centre. On arrival at the health centre, the receptionist says in a loud voice, “Hello Sandra, your test results have arrived. Take a seat and the nurse will see you shortly.” Sandra takes a seat in the crowded waiting room.

(a) Identify the principle of care that has not been followed.

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(b) Explain how this may affect any future treatment Sandra may need at the health centre.

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4. Respite care is provided in a residential home for older individuals; they may stay for one or two weeks at a time. The home has an admissions policy which includes the following statement:

“*On admission to the residential home individuals (and/or carers) should be asked to state any religious or cultural requirements they may have.*”

(a) Identify the principle of care being supported by this statement from the admissions policy.

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(b) Explain how the statement may benefit the individuals in the residential home, giving examples of possible requirements an individual may have.

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(c) The individuals in the home should all be treated fairly by both staff and other residents. The home has an equal opportunities policy to support this.

(i) Identify the principle of care this supports.

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(ii) A statement within the policy at the home states that: “*Residents must be given equal opportunities*.”

Discuss whether this means that the residents should all be treated the same.

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5. The table below contains statements from the Nursing and Midwifery Council (NMC) Code of Professional Conduct.

Identify the principle(s) of care each one supports.

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| **Statement from the NMC Code of Professional Conduct** | **Principle of care** |
| You must act as an advocate for those in your care, helping them to access relevant health  and social care, information and support |  |
| • You must ensure people are informed about how and why information is shared by those who will be providing their care  • You must disclose information if you believe someone may be at risk of harm, in line with the law of the country in which you are practising |  |
| You must listen to the people in your care and respond to their concerns and preferences |  |
| You must make arrangements to meet people's language and communication needs |  |
| You must respect and support people's rights to accept or decline treatment and care |  |
| You must uphold people's rights to be fully involved in decisions about their care |  |
| You must act without delay if you believe that you, a colleague or anyone else may be putting someone at risk |  |
| You must ensure any entries you make in someone's paper records are clearly and legibly signed, dated and timed |  |
| You must ensure all records are kept confidentially and securely |  |
| You are personally accountable for ensuring that you promote and protect the interests and dignity of patients and clients, irrespective of gender, age, race, ability, sexuality, economic status, lifestyle, culture and religious or political beliefs |  |