**GCE AS Health and Social Care – Unit 1**

**Task Sheet 2: Factors affecting quality of life**

**Scenario:**

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| Michael is 89 years old and has just moved into a residential home. He has been told that the rules of the home mean he will have to get up at 8.30 every morning. He would prefer to get up earlier but there is not enough staff. During the day he knows he can either stay in his room or join other residents in the day room, where they sometimes take part in activities such as singing and quiz games. So far he has stayed in his room. He feels abandoned as none of his relatives have come to visit him since he moved in. He eats very little, partly because his stomach hurts most of the time. He has not mentioned this to anyone. |

1. Identify two physical factors affecting quality of life and link them with statements from the scenario above.

Factor 1: ...................................................................................................................................................

Link: .........................................................................................................................................................

Factor 2: ...................................................................................................................................................

Link: .........................................................................................................................................................

1. Identify two social factors affecting quality of life that are lacking for Michael at present. Link each one with statements from the scenario.

Factor 1: ...................................................................................................................................................

Link: .........................................................................................................................................................

Factor 2: ...................................................................................................................................................

Link: .........................................................................................................................................................

1. Identify one emotional factor affecting quality of life that is lacking for Michael at present. Link this with statements from the scenario.

Factor: ......................................................................................................................................................

Link: .........................................................................................................................................................

1. Outline two ways in which Michael is being treated well. Link each way with a different factor affecting quality of life.

First way: ..................................................................................................................................................

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Second way: ............................................................................................................................................

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