**Task B checklist**

**Discuss theories of communication.**

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| **Section** | **Parts** | **Yes – Peer check** | **Yes – Self check** |
| **Argyle’s Communication cycle** | With a diagram, explain each part of the cycle: |  |  |
| 1. Ideas occur |  |  |
| 1. Message coded |  |  |
| 1. Message sent |  |  |
| 1. Message received |  |  |
| 1. Message decoded |  |  |
| 1. Message understood |  |  |
| Now use the Mary and Melanie case study as an example of good communication in Health and Social Care from our lessons and link each part of the Cycle to the conversation. |  |  |
| **Tuckman’s Stages of group interaction** | Explain Tuckman’s stages of group interaction: |  |  |
| 1. Forming |  |  |
| 1. Storming |  |  |
| 1. Norming |  |  |
| 1. Performing |  |  |
| Now use Pinewoods case study as an example of a group interaction in Health and Social Care and link each part above. |  |  |
| **Throughout this task - discussed each point** | Explain each part above fully |  |  |
| Given examples from health and social care settings |  |  |
| Given examples of both good and poor practice |  |  |
| Referenced your work |  |  |