**Example Exam Question Responses for Peer Marking**

**Question: Describe 3 physical symptoms of perimenopause (6 marks)**

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| **Student 1** |
| Hot flushes due to a hormonal imbalance in the body can cause the metabolism to increase causing the woman to feel hot frequently when others feel that it is cold. She may feel that her body temperature rises and in the night may experience sweating known as night sweats. Fatigue; this is when the muscles become overtired and can no longer keep going without more energy. She may feel that she needs to rest more and find everyday tasks exhausting. It is known as crashing fatigue and is caused by changes in the hormonal balance. Julie will also experience urinary urgency, needing to empty her bladder more frequently. She may also find that her bladder leaks when she coughs or sneezes. |
| Mark out of 6: |
| Comment / Suggestion for improvement: |
| Examiner’s mark and comment: |
| **Student 2** |
| When a woman starts to feel the physical symptoms of perimenopause she may find that she feels fatigue all of the time and she has no energy to work or do anything because she feels drained all the time. Another symptom is mood swings. This will be confusing for a woman as she may be happy one minute and then angry or sad the next minute. Another symptom of perimenopause is vaginal dryness so when she wants to have fun in bed with her partner or whatever she will find it uncomfortable. To this extent she may stop doing this activity and do other things instead, this could lead to her avoiding sex altogether. |
| Mark out of 6: |
| Comment / Suggestion for improvement: |
| Examiner’s mark and comment: |