Questions and case studies (1)

Activity

Sheet 11

Consolidation

The questions and case studies below will test your knowledge and understanding of Lessons 1 to 9 in Unit 1: Human Lifespan Development. Work on your own or in pairs or small groups, writing out your answers on separate paper.

Questions

1. In your own words, define these terms:   
growth, development, maturation, developmental norms, life stages

2. Using biological terms, describe the process of conception.

3. Evaluate the key principles of Piaget’s theory of cognitive development, including the major criticisms of this approach.

4. Analyse the importance of play for children’s learning and development in the first five years of life.

5. Discuss the importance of attachment theory in supporting children’s emotional development in the first two years of life.

Case study: A

Jamilla is ten weeks pregnant with her first child. She has visited her doctor and her midwife, who have both confirmed that Jamilla is healthy and that her pregnancy is progressing normally.   
Jamilla and her husband are excited about the pregnancy and anxious to give their child the very best start in life.

Questions: Case study A

1. Explain the milestones in the growth and development of Jamilla’s baby during the first trimester of her pregnancy.

2. Analyse the factors that could influence the growth and development of Jamilla’s baby during the first trimester of her pregnancy.

3. Evaluate the importance of ante-natal care for the health and well-being of Jamilla and her baby.

Case study: B

Emma is a healthy, 1-year-old girl who lives with her mum, dad and 3-year-old brother. Emma attends a local parent and toddler group with her mum three times a week and she enjoys playing with the wide variety of toys at the group, both indoors and outdoors.

Questions: Case study B

1. Describe four aspects of Emma’s language development that you would expect at this stage.

2. Explain four ways that Emma’s parents could promote Emma’s language development.

3. Summarise the developmental progress that you would expect in Emma’s language over the next two years.