Lifespan development blog

Activity

Sheet 4

Learning aim A1

Throughout your study of Unit 1: Human Lifespan Development you will be creating your own ***Lifespan Development Blog***. The blog will document key milestones and significant events in an individual lifespan. It will have different sections to represent the different life stages: infancy, childhood, adolescence, adulthood and older adulthood.

You should write your blog as if it is really happening to you. Describe all the milestones, experiences and events from a personal perspective. For example, you could start the first section with the milestone of conception, and you might begin your blog with: ‘I have been conceived. This happened in my mother’s fallopian tube, when a sperm from my father penetrated an ovum which had been released from my mother’s ovary…’

Use the following category headings for your blog:

1. Infancy

2. Childhood

3. Adolescence

4. Adulthood

5. Older adulthood

For each section, you will research the key milestones and significant life events, and some of the factors that can influence an individual’s development at each life stage. You will also use experience from your own family members and from your work placements where relevant.

Your tutor will provide guidance for each section as you work through the different life stages in your studies.

You will have some class time to work on your blog, as well as homework assignments throughout your study of this unit. The blog will help you to consolidate and apply your knowledge about human lifespan development. It will also help to reinforce key aspects of this important unit and prepare you for external assessment.