**Assignment 2 Learning Aim D: Individual Treatment Plan booklet**

You will produce a treatment plan to meet the needs of a selected service user with a physiological disorder. This can be a service user in your work placement or a family member, neighbour or friend.

You must respect confidentiality at all times, and you must obtain **formal consent** from the service user in order to report any information.

OR you can choose ONE of the case study patients:

* Parkinson’s Disease: **Rex**
* Asthma and Bowel Cancer: **Vijay**
* Rheumatoid Arthritis: **Rose**
* Diabetes: **Meera**

Your treatment plan must cover the following criteria:

**Learning aim D**

**P5** Assess care needs of a selected service user with a physiological disorder.

**P6** Plan treatment to meet the needs of a selected service user with a physiological disorder.

**P7** Explain how the plan would improve the health and wellbeing of a selected service user.

**M4** Plan treatment to meet the needs of a selected service user with a physiological disorder, reviewing as appropriate to improve outcomes.

**D3** Justify the recommendations in the plan in relation to the needs of the service user and advantages and disadvantages of treatment options.

This assignment will be in two parts:

* Assignment 2: Learning Aim D
* Individual Treatment Plan template

You will submit them separately on Turnitin UK.

*Tailor your work to the case study person as closely as possible.*

**Use the Assignment 2: Learning Aim D WAGOLL and the Treatment Plan WAGOLL to help you throughout this work.**

**Assignment 2 Learning Aim D checklist**

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| --- | --- | --- | --- |
| **Criteria** | **Summary** | **Section** | **Done** |
| **P5: Assess care needs of a selected service user with a physiological disorder.** | 1. Introduce Care Planning cycle
 | Assignment 2: Learning Aim D |  |
| 1. Background on patient
 |  |
| 1. Patient’s Individual Needs and Diagnosis
 | Treatment Plan Template |  |
| 1. Local Authority Care Needs Assessment
 |  |
| 1. Full Care Needs Assessment
 |  |
| 1. Most important care need to the patient
 |  |
| 1. Patient’s aims for the treatment plan
 | Assignment 2: Learning Aim D |  |
| **P6: Plan treatment to meet the needs of a selected service user with a physiological disorder.** | 1. Levels of service in NHS
 | Assignment 2: Learning Aim D |  |
| 1. Overall aims of the Treatment Plan
 |  |
| 1. Treatments and Strategies
 | Treatment Plan Template |  |
| **P7: Explain how the plan would improve the health and wellbeing of a selected service user.** | 1. Most beneficial treatment or care strategy
 | Assignment 2: Learning Aim D |  |
| 1. Professional Responsibilities of staff
 |  |
|  |
| **M4:** **Plan treatment to meet the needs of a selected service user with a physiological disorder, reviewing as appropriate to improve outcomes.** | 1. Possible barriers to care and how they can be overcome
 | Assignment 2: Learning Aim D |  |
| 1. Review Date
 | Treatment Plan Template |  |
| 1. Care Plan Review
 |  |
| **D3: Justify the recommendations in the plan in relation to the needs of the service user and advantages and disadvantages of treatment options.** | 1. Treatments and Strategies plan with advantages and disadvantages
 | Treatment Plan Template |  |
| 1. Reliability and validity of 2 sources
 |  |
| 1. Justification of the Treatment Plan - P.I.E.S.S.
 | Assignment 2: Learning Aim D |  |
| 1. Why a Review is important
 |  |
| 1. Justification of the Care Plan Review - P.I.E.S.S.
 |  |
| **Bibliography** | Website link, Title of article, name of website or organisation, date accessed |  |

**P5: Assess care needs of a selected service user with a physiological disorder.**

**1.** **Introduction (Assignment LA D)**

* What is the Care Planning Cycle and why it is important?

*Use the textbook page 469 and the Learning Aim D PowerPoint to write half a page on this.*

**2. Background on patient (Assignment LA D)**

* ChooseONE service user / case study patient to focus this assignment on.
* WithONE of the disorders you have researched for Assignment 1.
* Write a backgroundon this patient.
* Include their career and lifestyle goals.
* Explain their situation up to and including their **diagnosis**.

**3. Patient’s Individual Needs and Diagnosis (Treatment Plan Template)**

* Consider the patient’s individual needs: age, gender, ethnicity, religion, culture, marital status, disability etc. *(use textbook page 470 and the WAGOLL assignment).*
* Complete the section on the Treatment Plan Template, discussing how they may impact on the patient’s needs.

Patient history – how was the patient diagnosed?

* On the Treatment Plan Template explain the symptoms and what led up to the diagnosis of the disorder.

**4. Local Authority Care Needs Assessment** **(Treatment Plan Template)**

Imagine you are the patient in the case study.

* Use the NHS Continuing Healthcare Needs Checklist and the WAGOLL assignment to assess your patient for Social Services support.
* Consider how your day-to-day life may be affected.
* Complete the Local Authority Care Needs Assessment on the Treatment Plan Template.

**5. Full Care Needs Assessment (Treatment Plan Template)**

Imagine you are the patient in the case study.

Consider the possible issues you might have due to your disorder and consider your lifestyle situation.

* Physical symptoms and problems
* Intellectual, emotional and social needs
* Healthcare and Social Care needs
* Financial needs
* Caring responsibilities
* Outcomes you are hoping to achieve for each

**Ideas:**

|  |  |
| --- | --- |
| **Needs** | **Care needs** |
| Physical | * Physical symptoms to be reduced or cured e.g. pain, swelling, tenderness etc.
* Mobility issues impacting on ability to get around the house or out to work / the shops
 |
| Intellectual | * Lack of knowledge about their disorder
* Missing work / school / college
* Poor concentration / restlessness
 |
| Emotional | * Depression
* Anxiety
* Denial
* Fear
* Lack of trust
* Needs diagnosis and peace of mind
* Bullying
* Sense of self – linked to work or volunteering or “keeping busy”
 |
| Social | * Lack of social contact
* Social anxiety
* Social exclusion
* Fear of contamination / infection
* Loss of friends
* Loss of independence
 |

* Do a minimum of 5 Care Needs, making sure you cover each of P.I.E.S.
* Type up the Care Needs Assessment in as much detail as you can into the Individual Treatment Plan Template.
* Include how this might affect the patient’s everyday life and the outcome the patient is trying to achieve

**6. Most important care need to the patient? (Treatment Plan Template)**

* Which is the most important care need to the patient? Give 2 reasons to explain why?

**7. Patient’s aims for the Treatment Plan (Assignment LA D)**

* From the patient’s perspective, what are their aims and why are these so important?

**P6: Plan treatment to meet the needs of a selected service user with a physiological disorder**

**8. Levels of Service in the NHS (Assignment LA D)**

* Explain the three levels of service in the NHS.
* Which professionals and departments would treat and care for your patient?

**9. Overall aims for the treatment plan (Assignment LA D)**

Write a short paragraph explaining the Overall aims of the Treatment plan:

* stabilise the disorder by… / cure the disorder by…
* empowerment and involvement of the patient
* multi-disciplinary team working
* individualised care - what will the patient want? Or not want?

**10. Treatments and Care Strategies (Treatment Plan Template)**

Imagine you are the GP of the patient in the case study. You are writing the Treatment Plan.

You are going to suggest a range of treatments and care strategies which you believe will resolve the patient’s care needs.

Treatments and Care Strategies

* Copy and paste your Care Needs Assessment into the template.
* Complete the Treatments and Care Strategies section on the Individual Treatment Plan Template.
* Find a treatment or care strategy which will resolve each care need.
* Identify each strategy as **primary, secondary or tertiary care** and explain which **professional** would support the patient as well as the **setting** for each one. Be LOCAL and specific.
* In the table, summarise the **advantages and disadvantages/limitations** of each strategy for the patient.
	+ How do they meet the needs of the person?
	+ How do they help to achieve the outcomes the patient desires?

**Consider:**

* How does it help the patient relieve their symptoms or assist them in overcoming their issues with the disorder?
* Effectiveness, cost etc.
* The personal circumstances of the patient’s life.
* The patient’s age, gender, ethnicity, marital status etc.
* Remember - the care planning process is about EMPOWERMENT – you and the patient should agree on the set of strategies to use.
* What would the patient want?

**P7: Explain how the plan would improve the health and wellbeing of a selected service user.**

**11. Which is the most beneficial treatment or care strategy for the patient? (Assignment LA D)**

* Why do you think these are the best treatments for the patient? Give **EVIDENCE** to support your answer.
* How will they resolve the patient’s Care Needs?

**12. Professional responsibilities of staff (Assignment LA D)**

* Explain the professional responsibilities of all carers involved in the Treatment plan
* *Use textbook page 471 and the WAGOLL assignment.*

**M4: Plan treatment to meet the needs of a selected service user with a physiological disorder, reviewing as appropriate to improve outcomes.**

**13. Possible barriers to care and how they can be overcome (Assignment LA D)**

* What are the potential barriers that might prevent the patient from completing the treatment or strategy?
* Consider their age and other individual needs.
* Consider P.I.E.S.S.
* How could these barriers be overcome?

**14. Treatment Plan Review Date (Treatment Plan Template)**

* At the end of the Care Needs Assessment log the review dates going forward.

**15. Care Plan Review (Treatment Plan Template)**

* First you must decide WHEN the review is taking place, this must be after a reasonable period of time during which a change might happen:
	+ Initial review – between one and six months after diagnosis: this would be where treatment is refined.
	+ Or a point much later in a patient’s life
* Choose at least ONE change that could have happened in this time.
* For example:
	+ Is Vijay’s cancer treatable or will he need palliative care?
	+ Will Meera adapt to injections four times a day or will she need an insulin pump?
	+ Will Rose need a mobility aid?
	+ Can Rex’s Parkinson’s symptoms be managed at home?
* Complete the Care Plan Review table on the Treatment Plan Template in as much detail as you can.

Consider the point of view of the patient first:

* What might have happened in that time?
* Nature of the disorder, home life, hobbies, careers, friends, family etc.
* Do you think the care plan is working?
* Why or why not?

Then consider the thoughts of the GP:

* What are the alternatives to the strategies you agreed in the original plan?

**D3: Justify the recommendations in the plan in relation to the needs of the service user and advantages and disadvantages of treatment options.**

**16. Treatments and Care Strategies with Advantages and Disadvantages (Treatment Plan Template)**

* Check you have done enough detail on the advantages and disadvantages in number 10.

**17. Reliability and validity of two sources of information (Treatment Plan Template)**

* Choose ONE Care strategy and give a general definition for reliability and validity.
* Find TWO sources of evidence to support the use of that Care Strategy with your patient.
* For each source, complete the Reliability and Validity table on the Treatment Plan Template.

Tips:

* For the “Origin of the source”; is it a peer reviewed scientific journal, blog page, charity website?
* For the “Author or organisation”; are they well-qualified to talk about the topic? Do they have a good reputation in that field? Are they independent with no bias?
* For “What evidence is presented to support the points made”; quote the information that supports your points.
* To what extent do you trust this source to give reliable and unbiased information? Use the WAGOLL as an example.
* Complete the Reliability and Validity table on the Treatment Plan Template.

**18. Justification of the Treatment plan (Assignment LA D)**

* How will the Treatment Plan meet the individual care and support needs and wishes of the patient and his/her family?
* Link this back to the outcomes the patient raised in the Care Needs Assessment.
* How will it impact the Health and Wellbeing of the patient?
* Discuss each of **P.I.E.S.**
* How will the plan help to achieve the Overall aims of the Treatment Plan?

**19. Reviewing the Treatment Plan (Assignment LA D)**

* Why is it important to do a Care plan review?

The Treatment Plan considers the patient when they are first diagnosed. As the patient continues on this plan over months, or even years, circumstances may change that will influence the disorder and how effective the treatments or care strategies may be.

For example:

* The symptoms of the disorder may improve (because the treatment is working).
* The symptoms of the disorder may get worse (because the disorder is progressive and / or the treatment is not effective).
* New symptoms may develop as the disorder progresses.
* There may be changes in the patient’s life, for example:
	+ losing or gaining employment
	+ the death or relocation of a family member who might have been a carer for the patient
	+ Long waiting lists to see a specialist consultant or for surgery may have delayed treatment
	+ Surgical operations may be repeatedly cancelled as urgent cases take priority
	+ Transport to appointment may be an issue and service user may have missed them
* The care strategies are not working as effectively as they should.
* The medication may have side effects that the patient in not happy with.

**20. Justification of the Care Plan Review (Assignment LA D)**

* Choose ONE CHANGE you have suggested and write a short paragraph to explain why you recommend that care strategy:
	+ How will this new strategy help the patient?
	+ How does it compare to the other available options (if any)?
	+ Why is this strategy better for the patient - because of their lifestyle or the current stage of their disorder?
	+ To support your reasons, include at least one source of evidence from a reliable source.
* How would these changes improve the Health and Wellbeing of the patient?
	+ Include each **P.I.E.S.**
* How does this change enable the patient to achieve the Original Overall Aims of the Treatment Plan?

**Bibliography (Assignment LA D)**

Make sure you include all your sources of information, include:

* Website url link
* Title of article
* Name of website or organisation
* Date accessed